

Hope

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CD: International Dance Ballroom Slow Waltz, Track 2

CD available at www.danceplus.com or from choreographer

Rhythm: Waltz

Phase: III + 1 (Open In & Out Runs)

Sequence: Intro A B1 A B2 B3

Sequence: Opposite for Woman (except where noted)

INTRO

1-4 LOD DLW--WAIT; WAIT; APT PT; TOG PU DLC;

1-2 (Wait) Left open position fcg ptr diagonal line & wall--ld feet free--wait 2 measures;;

3-4 (Apt Pt; Tog PU DLC) Stp apt from ptr on L, pt twd ptr with R -; Pick up ptr in front R, tch L to R, -;

PART A

1-4 2 LT TRNS;; WHISK; THRU & CHASSE BJO;

1-2 (2 Lt Trns) Fwd L commence up to 1/4 L fc trn, continue turn sd R diag across line of progression turning up to 1/4 L, close L; Bk R commence up to 1/4 L fc tr, continue trn sd L toward line of progression turning up to 1/4 L fc, close R;

3 (Whisk) In CPW fwd L, fwd & sd R commencing rise to ball of ft, cross L in back of R continuing to fully rise on ball of ft ending in tight SCP;

4 (Step Thru & Chasse Bjo) Thru R, sd L/clo R, sd L blending to Bjo;

5-8 FWD & FWD LK FWD; MANU; SPIN TRN; 1/2 BOX BK;

5 (Step Fwd & Fwd, Lk, Fwd) Fwd R, fwd L/XRIB (Lady XLIF), fwd L;

6 (Manu) Fwd R trning RF (Lady Bk L), fwd L cont trning RF fc RLOD, clo R;

7 (Spin Trn) Bk L pivoting 1/2 RF, fwd R between Lady's ft heel to toe cont trn, rec sd & bk L to CP DLW

(Lady fwd R between Man's feet heel to toe pivoting 1/2 RF, bk L cont trn, sd & fwd R);

8 (1/2 Box Bk) Bk R, sd L, clo R face LOD (Lady fwd L, sd R, clo L)

9-12 FWD WALTZ; FWD WALTZ DRIFT APT; TWINKLE THRU TO WALL; TWINKLE SCAR;

9 (Fwd Waltz) In CP fcg LOD--Fwd L, fwd R, clo L;

10 (Fwd Waltz Drift Apt) Fwd R, fwd L, clo R drifting apt keeping Man's L & Lady's R hnds joined;

11 (Twinkle Thru to Wall) Thru L twd Wall (Lady XRIF), sd R, clo L;

12 (Twinkle Scar) Thru R (Lady XLIF), sd L, clo R blending to Scar fcg DLW;

13-16 CROSS HVR BJO; CROSS HVR SDCR; CROSS HVR BJO; FWD FC CLO BFLY;

13 (Cross Hvr Bjo) Cross L in front of R, sd R with a slight rise commence L trn, rec L complete trn to Bjo;

14 (Cross Hvr Sdcr) Cross R in front of L, sd L with a slight rise commence R trn, rec R complete trn to Sdcr;

15 (Cross Hvr Bjo) Cross L in front of R, sd R with a slight rise commence L trn, rec L complete trn to Bjo;

16 (Fwd Fc Clo To Bfly) Fwd R (Lady Bk L), fc L; clo R;

PART B

1-4 WALTZ AWY; TRN IN TO LOP; BK UP WALTZ; BK SD FWD HALF OP;

1 (Waltz Awy) Inside hnds joined fwd L trning awy from ptr, sd fwd R to a slight bk to bk pos, clo L;

2 (Trn In to LOP) Fwd Rt trning in twd ptr to fc RLOD, bk L, clo R; (Lady fwd L trning in twd ptr to fc RLOD, bk R, clo L)

3 (Bk Up Waltz) Bk L, Bk R, Clo L;

4 (Bk Sd Fwd to Half OP) Bk R commence L fc trn, sd L to fc ptr, fwd R to LOD in Half OP position;

(Lady Bk L commence R fc trn, sd R to fc ptr, fwd L to LOD in Half OP position)

5-8 FWD WALTZ; MANU; 2 RT TRNS;;

5 (Fwd Waltz) In SCP Fwd L, fwd R, Clo L blending to SCP at very end of last step;

6 (Manu) Fwd R commence RF upper body trn, continue R fc trn to fc ptr sd L, clo R;

7-8 (2 Rt Trns Fc Wall) Bk L trning RF, sd R cont trning RF, clo L; Fwd R trning RF, sd L cont trning RF, clo R;

9-12 HVR; PU; TRN LT & CHASSE BJO; STP BK & BK LK BK;

9 (Hvr) In CP...Fwd L, fwd and sd R rising to ball of foot, rec L to tight SCP;

10 (PU) Thru R to SCP leading (Lady fwd L commence L fc trn), sd L (Lady continue L fc trn to fc ptr sd R), clo R;

11 (Trn Lt & Chasse Bjo) Fwd L commence L fc upper body trn, sd R continue trn/clo L, sd R complete trn to bjo

(Lady Bk R commence L fc upper body trn, sd L continue trn/clo R, sd L complete trn to bjo);

12 (St Bk & Bk Lk Bk) In bjo pos bk L, bk R/lock L in front of R, bk R (Lady fwd R, fwd L/lock R in bk of L, fwd L);

HOPE Continued

- 13-16** **OP IMP; THRU & SEMI CHASSE; OP IN & OUT RUNS;;**
- 13** **(OP Imp)** Bk L start RF trn, clo R to L with heel trn 3/8, fwd L to SCP (Lady fwd R between Man's feet, fwd L heel to toe pivoting 1/2 RF, fwd R to SCP)
- 14** **(Thru & Semi Chasse)** Thru R, sd L/clo R, sd L blending to SCP;
- 15-16** **(OP In & Out Runs)** Fwd R starting R fc trn and dropping lead hands, sd and bk diag LOD and wall on L to CP, bk R with R sd leading to bjo position; Bk L trning R fc, sd and fwd R between lady's feet continuing R fc trn, fwd L to SCP; (Lady...Fwd L dropping lead hands, fwd R between man's ft, fwd L outside ptr with L sd leading to bjo position; fwd R starting R fc trn, fwd and sd L continuing trn, fwd R to SCP);;
- 17-18** **FWD HVR BJO; BK HVR SCP;**
- 17** **(Fwd Hvr Bjo)** Fwd R, fwd L with a slight rise, rec R (Lady fwd L, fwd R with rise trning L fc brushing free ft to supporting ft to fc RLOD, rec L)
- 18** **(Bk Hvr SCP)** Bk L, Bk R with rise, rec L (Lady fwd R, Fwd L with rise trning R fc brushing free ft to supporting ft to SCP, Fwd R)
- B1** **PU; CANTER 1X COH;**
- 19-20** **19-20** **(PU; Canter 1X)** Repeat Part B - measure 10; Sd L twd COH, draw R to L and clo;
- B2** **THRU FC CLO; CANTER 1X;**
- 19-20** **19-20** **(Thru Fc Clo; Canter 1X)** Step thru to fc R, sd L, clo R; Sd L twd LOD, draw R to L and clo;
- B3** **THRU FC CLO; LUNGE SD & HOLD.**
- 19-20** **19-20** **(Thru Fc Clo; Lunge Sd & Hold)** Step thru to fc R, sd L, clo R; Sd L twd LOD, softening L knee & hold.