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Music: "If" by David Gates & Bread, available on iTunes  
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Footwork: opposite except where noted  
Rhythm/phase: BO Phase IV  
Released: January 2024  
Sequence: Intro - A - B - A - C -End

## INTRO

### 1-4 WAIT;; HIP ROCKS 2X;;

Bfly pos fcng wall lead feet free wait 2 measures;; Sd L, rec R, Sd L;  
Sd R, rec L, rec R;

### 5-8 DBL HAND OPNING OUTS 2X;; UNDRARM TRN; SD DR TCH;

Close L trng LF,-, lower on L extending R ft to sd & shaping to ptr, rise totating back to bfly wall (SD & BK R rotating LF, XLib lowering, fwd R to bfly); Maintaining bfly cl R turning RF, lower on R extending L ft to sd & shaping to ptr, rise rotation bk to bfly wall (SD & BK L rotation RF, XRib lowering, fwd L to bfly); Sd L, XRib leading W to trn RF under ld hnds, rec L (Trning RF sd & fwd R, fwd L, cont RF trn, rwd R to fc); Sd R, draw L to R;

## PART A

### 1-4 BASIC;; SPOT TRN; NEW YORKER;

Sd L, slip bk R, fwd L; Sd R, slip fwd L, bk R; Sd L, lunge thru R trning 1/2 LF, fwd L to fc ptr & wall; Sd R, thru L to fc RLOD, bk R blending to bfly;

### 5-8 CRAB WALKS to LOD;; UNDERARM TRN; BASIC END;

Sd L, XRif, sd L; XRif, sd L, XRif; Sd L, XRib leading W to trn RF under ld hnds, rec L;  
Sd R, slip fwd L, bk R;

### 9-12 TURNING BASIC to COH;; FENCELINE; FWD BRK;

Sd & fwd L, w/slight RF upper body trn, trning L, bk R w/slip pivot action, sd & fwd L to fc COH; Sd & fwd R, fwd L w/contra check action, rec R; Sd L, XRif, Rec L; Sd & fwd R, fwd L, bk R;

### 13-16 SHOULDER to SHOULDER 2X;; CROSS BODY; BASIC END;

Sd L, XRif, rec L; Sd R, XLif, rec R; Sd & bk L, trning LF, bk R w/slipping action, fwd L continue trn to fc wall; Sd R, slip fwd L, bk R;

## PART B

- 1-4 START FAN; into HOCKEY STICK;; FWD BREAK;  
Sd L, bk R, rec L fcg WALL (Sd & fwd R, fwd L, bk R trning LF); Sd R, fwd L, bk R (sm bk L to fan pos, cls R, fwd L); Sd L & slightly bk, sd & fwd R w/slight RF trn; fwd L DRW; (Fwd R, Fwd L, Fwd R trning LF 1/2 under joined hands); Sd & fwd R, fwd L, bk R;
- 5-8 AIDA; AIDA LINE & RK 2; SWIVEL to SPT TRN; BASIC END;  
Sd L, thru R, Sd L to fc; Bk R to aida line, fwd L, rec R; fwd L trning LF towards wall, XRif contining LF trn, rec L facing wall; Sd R, slip fwd L, bk R;

## PART A

- 1-4 BASIC;; SPOT TRN; NEW YORKER;  
Sd L, slip bk R, fwd L; Sd R, slip fwd L, bk R; Sd L, lunge thru R trning 1/2 LF, fwd L to fc ptr & wall; Sd R, thru L to fc RLOD, bk R blending to bfly;
- 5-8 CRAB WALKS to LOD;; UNDERARM TRN; BASIC END;  
Sd L, XRif, sd L; XRif, sd L, XRif; Sd L, XRib leading W to trn RF under ld hnds, rec L; Sd R, slip fwd L, bk R;
- 9-12 TURNING BASIC to COH;; FENCELINE; FWD BRK;  
Sd & fwd L, w/slight RF upper body trn, trning L, bk R w/slip pivot action, sd & fwd L to fc COH; Sd & fwd R, fwd L w/contra check action, rec R; Sd L, XRif, Rec L; Sd & fwd R, fwd L, bk R;
- 13-16 SHOULDER to SHOULDER 2X;; CROSS BODY; BASIC END(HANDSHAKE);  
Sd L, XRif, rec L; Sd R, XLif, rec R; Sd & bk L, trning LF, bk R w/slipping action, fwd L continue trn to fc wall; Sd R, slip fwd L, bk R to handshake;

## PART C

- 1-4 ALT CROSS BODY 3X to COH;;; BREAK BK to LADY'S HEADLOOP;  
Bk L, rec R, sd & fwd L (Fwd R across M twd DLC, fwd L trning 1/2 LF fc wall, sd R); Fwd R across W twd DLC, fwd L trn 1/2 LF, sd R (Bk L, rec R trning LF, Sd L fc LOD); Bk L, rec R trning LF 1/2 fc COH, Sd L (Fwd R across M twd DLC, fwd L trning LF, Sd R); Sd R raising R hands to place on Lady's shoulder, Bk L fc RLOD, rec R;

5-8 SWITCH & WALK 2 to LOD; SWITCH & WALK 2 to RLOD; TRNING BASIC to WALL;;

Fwd L trning to L 1/2 op LOD, Fwd R, Fwd L; Fwd R trning to 1/2 op RLOD, fwd L, Fwd R; Sd & fwd L w/slight RF upper body trn, trning LF bk R w/slip piv action, sd & fwd L to fc WALL; Sd & fwd R, fwd L w/contra ck action, rec R;

END

1-4 FENCELINE 2X;; RIFF TRNS; to SIDE CORTE;

Sd L, XRif, rec L; Sd R, XLif, rec R; Sd L raising ld hands start W RF spin, cl R to L as W completes spin, sd L keeping hnds high, cl R (W sd & fwd R commence RF spin, cl L to R spinning RF one trn, fwd R commence RF spin, cl L to R spinning RF one trn, completing 2nd full spin under lead hnds); Lunge sd towards LOD in CP;