

# Queen of My Heart

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Music: "Queen of My Heart" by Westlife, CD: *World of Our Own*, Track 1 (4:19), Download from Amazon

Music Modification: Cut at 3:10 and Fade Out at 3:06

Recommended Speed: -16% (37.8rpm)

Rhythm/Phase: Waltz III + 2 (Telemark, Natural Hover Fallaway)

Sequence: Intro-A-B-C-Interlude-A-B(1-12)-C(1-19)-Ending

Footwork: Described for Man, Lady opposite (*or as noted*)

Timing: 123 unless noted. Timing reflects actual weight changes.

## INTRO

### 1-4 WAIT 2 MEASURES ; ; STEP APART w/ ARM SWEEP ; TOGETHER to BFLY TOUCH ;

- 1-2 OP Fcg Pos WALL trail hnds jnd lead ft free wait 2 meas;;
- 1-- 3 {Apt w/ Arm Sweep} Trng LF away from but still looking at ptr sd L sweeping lead hnd up & out over the rest of the measure, -, - end "V"-SHAPED OP LOD;
- 1-- 4 {Tog Tch} Trng RF rec R to fc ptr, draw L twd R, tch L to R end BFLY WALL;

## PART A

### 1-4 WALTZ AWAY & TOGETHER ; ; SOLO TURN in 6 ; to BFLY ;

- 1 {Waltz Away} Releasing lead hnds sd & fwd L trng LF to OP LOD, sd & fwd R to slight back-to-back pos, cl L end OP LOD slightly BACK-to-BACK;
- 2 {Waltz Tog} Sd & fwd R trng RF to fc ptr, sd & fwd L joining lead hnds, cl R end BFLY WALL;
- 3 {Solo Turn} Releasing lead hnds sd & fwd L trng LF to OP LOD, releasing trail hnds cont LF trn sd R, cont LF trn cl L end BOTH FCG RLOD;
- 4 Bk R comm LF trn, cont LF trn sd L to fc ptr, cl R end BFLY WALL;

### 5-8 STEP SWING to OP ; SPIN MANEUVER ; SPIN TURN ; BOX BACK to SCAR ;

- 1-- 5 {Stp Swing} Releasing lead hnds sd & fwd L trng LF to OP LOD, swing R thru twd LOD, - end OP LOD;
- 6 {Spin Manu} Fwd R comm RF trn leading W to spin LF w/ jnd trail hnds & then release, cont trng RF sd L to fc RLOD, cl R (*W: fwd L comm spin LF full trn, cont LF spin step R, L almost in plc*) end CP RLOD;
- 7 {Spin Turn} Bk L pivoting ½ RF, fwd R heel lead between W's feet rise cont trn fc DLW, bk L (*W: fwd R pivoting ½ RF, bk L cont trn brush R to L, fwd R*) end CP DLW;
- 8 {Box Bk SCAR} Bk R, small sd L rotating body LF to bring W to SCAR, cl R (*W: fwd L, sd R to SCAR, cl L*) end SCAR DLW;

### 9-12 CROSS HOVER 3X [to BJO] ; [to SCAR] ; to SCP DLC ; THRU SCP CHASSE ;

- 9 {Cross Hover 3X} Fwd L outside ptr comm ¼ LF trn, sd & slightly fwd R rising trng LF, cont LF trn on R sd & fwd L end BJO DLC;
- 10 Fwd R outside ptr comm ¼ RF trn, sd & slightly fwd L rising trng RF, cont RF trn on L sd & fwd R end SCAR DLW;
- 11 Fwd L outside ptr comm RF body trn, sd & slightly fwd R rising RF body turn, sd & fwd L (*W: bk R comm RF trn, sd & slightly bk L rising trn RF, sd & fwd L*) end SCP DLC ;
- 12&3 12 {Thru SCP Chasse} Thru R, sd & fwd L/cl R, sd & fwd L end SCP DLC;

### 13-16 WING ; TURN LEFT & RT CHASSE to BJO ; IMPETUS SCP ; PICKUP DLC ;

- 1-- 13 {Wing} Fwd R, draw L twd R trn body LF to lead W across in front, cont LF body trn tch L to R (*W: fwd L trng LF around M, fwd R, fwd L keep head to left*) end SCAR DLC;
- 12&3 14 {Trn LF & Chasse to BJO} Fwd L outside ptr comm LF trn, cont LF trn sd & bk R/cl L, sd & bk R end BJO DRC;
- 15 {Imp SCP} Bk L comm RF trn, cont trng RF on L heel cl R heel turn, leading W trn RF sd & fwd L (*W: fwd R outside ptr comm RF trn, cont trng RF sd & fwd L around M brush R to L, cont trng RF on L sd & fwd R*) end SCP DLC;
- 16 {Pickup} Thru R, sd & slightly fwd L trng body LF, cl R (*W: thru L, trng LF to fc M sd & slightly bk R, cl L*) end CP DLC;

**PART B****1-4 2 LEFT TURNS DLW ; ; WHISK ; THRU CHASSE BJO ;**

- 1 {2 L Turns} Fwd L comm LF trn, fwd & sd R cont trn, cl L end CP RLOD;
- 2 Bk R comm LF trn, cont LF trn sd L, cl R end CP DLW;
- 3 {Whisk} Fwd L, sd & fwd R, leading W to trn RF XLIB (W: XRIB) end SCP LOD;
- 12&3 4 {Thru Chasse BJO} Thru R, sd & fwd L leading W trn LF/cl R, sd & fwd L (W: thru L, slight LF trn to fc M sd & bk R/cl L, sd & bk R) end BJO DLW;

**5-8 FWD CHECK, REC, TURN to SCAR ; FRONT TWISTY VINE SYNCOPATED ; FWD CHECK, REC, TURN to BJO ; FWD, FACE, CLOSE (BFLY) ;**

- 5 {Fwd Check Rec SCAR} Fwd R outside ptr checking, rec L, trng RF sd R end SCAR DRW;
- 1&23 6 {Sync Front Twisty Vine} Fwd L outside partner comm LF turn, cont LF turn sd R, bk L BJO DLW comm RF turn, cont RF turn sd R end SCAR DRW;
- 7 {Fwd Check Rec BJO} Fwd L outside ptr checking, rec R, trng LF sd L end BJO DLW;
- 8 {Fwd Fc Cl} Fwd R outside ptr trn RF, sd L to fc ptr, cl R end BFLY WALL;

**9-12 TWIRL/VINE 3 to ½ OP ; M ROLL ACROSS ; LADY ROLL ACROSS ; PICKUP DLW ;**

- 9 {Twirl/Vine 3 to ½ OP} Sd L raising jnd ld hnds and releasing trail hnds, XRIB trng W RF under jnd hnds, sd & fwd L releasing ld hnds and putting R arm around W's back (W: sd & fwd R trn RF ½ under jnd ld hnds, sd & bk L trn RF ½, sd & fwd R putting L arm on top of M's) end "V"-SHAPED ½ OP LOD;
- 10 {M Roll Across} Fwd R comm RF trn, sd & bk L twd DLW cont RF trn putting L arm around W's back, sd & fwd R (W: fwd L, fwd R between M's feet putting R arm on top of M's, fwd L) end "V"-SHAPED LEFT ½ OP LOD;
- 11 {W Roll Across} Fwd L leading W to come across, fwd R between W's feet putting R arm around W's back, fwd L (W: fwd R comm RF trn, sd & bk L twd DLW cont RF trn putting L arm on top of M's, sd & fwd R) end "V"-SHAPED ½ OP LOD;
- 12 {Pickup} Thru R, sd & fwd L leading W to trn LF, cl R (W: thru L, trng LF to fc M sd & bk R, cl L) end CP DLW;

**13-16 SWAY LEFT ; SWAY RIGHT ; SWAY LEFT ; ROCK BACK, REC, FWD ;**

- 1-- 13 {Sway Left} Sd L partial weight stretching L side, cont to transfer weight to L and comm to straighten body, complete transfer of weight with body upright drawing R slightly twd L end CP DLW;
- 1-- 14 {Sway Right} Sd R partial weight stretching R side, cont to transfer weight to R and comm straightening body, complete transfer of weight with body upright drawing L slightly twd R end CP DLW;
- 1-- 15 {Sway Left} Repeat Meas 13 of Part B end CP DLW;
- 16 {Rk Bk, Rec, Fwd} Bk R checking, rec L, small fwd R end CP DLW;

**PART C****1-4 FWD WALTZ ; MANEUVER ; PIVOT to SCP ; THRU CHASSE BJO ;**

- 1 {Fwd Waltz} Fwd L, sd & fwd R, cl L end CP DLW;
- 2 {Maneuver} Fwd R comm RF trn, cont trng RF sd L, cl R end CP RLOD;
- 3 {Pivot SCP} Bk L trn ¾ RF, fwd R heel lead twd LOD between W's feet RF body trn, sd & fwd L (W: fwd R trng RF, bk L cont RF trn, sd & fwd R) end SCP LOD;
- 12&3 4 {Thru Chasse BJO} Repeat Measure 4 Part B;

**5-8 FWD, FWD/LOCK, FWD ; MANEUVER ; BACK, BACK/LOCK, BACK ; IMPETUS SCP ;**

- 12&3 5 {Fwd Fwd/Lk Fwd} Fwd R outside ptr, fwd L with L shoulder lead/XRIB (W: XLIF), fwd L with L shoulder lead end BJO DLW;
- 6 {Maneuver} Fwd R outside ptr comm RF trn, cont trng RF sd L, cl R end CP RLOD;
- 12&3 7 {Bk Bk/Lk Bk} Bk L rotating body RF, bk R with R shoulder lead/XLIF (W: XRIB), bk R with R shoulder lead end BJO DRC;
- 8 {Impetus SCP} Repeat Measure 15 Part A;

**9-12 PICKUP DLC ; TELEMARK SCP ; NATURAL HOVER FALLAWAY ; SLIP PIVOT BJO ;**

- 9 {Pickup} Repeat Meas 16 Part A;  
 10 {Telemark SCP} Fwd L comm LF trn, fwd & sd R cont LF trn (*W: cl heel trn*), sd & fwd L end SCP DLW;  
 11 {Nat Hover Fallaway} Thru R, fwd L trng RF with rise, rec R end SCP DRW;  
 12 {Split Pivot BJO} Bk L, bk R trng LF, sd & fwd L (*W: bk R comm trn LF, cont LF trn fwd L to CP, sd & bk R*) end BJO DLW;

**13-16 FRONT TWISTY VINE SYNCOPATED ; MANEUVER ; 2 RIGHT TURNS FC WALL ; ;**

- 1&23 13 {Sync Front Twisty Vine} Fwd R outside ptr comm RF trn/cont RF turn sd L, bk R SCAR DRW comm LF turn, cont LF turn sd L end BJO DLW;  
 14 {Maneuver} Repeat Meas 6 Part C;  
 15 {2 Rt Turns} Bk L comm RF trn, sd & fwd R cont RF trn to LOD, cl L end CP LOD;  
 16 Fwd R comm RF trn, sd & fwd L cont RF trn to fc Wall, cl R end CP WALL;

**17-20 CANTER 2X ; ; TWIRL/VINE 3 to SCP ; CHAIR, REC, FACE ;**

- 1-3 17 {Canter} Sd L, draw R to L, cl R end CP WALL;  
 1-3 18 {Canter} Repeat Meas 17 Part C;  
 19 {Twirl/Vine} Sd L raising jnd ld hnds, XRIB trng W RF under jnd hnds, sd & fwd L (*W: sd & fwd R trn RF ½ under jnd lead hnds, sd & bk L trn RF ½, sd & fwd R*) end SCP LOD;  
 20 {Chair Rec Fc} Lower in L knee lunge fwd R w/ fwd poise, rec L comm RF trn, fc ptr small sd R end CP WALL;

**INTERLUDE****1-4 LEFT TURNING BOX ½ ; FC COH ; FWD & POINT ; BACK & POINT ;**

- 1 {Left Turning Box ½} Fwd L comm ¼ LF trn, comp trn sd R, cl L end CP LOD;  
 2 Bk R comm ¼ LF trn, comp trn sd L, cl R end CP COH;  
 1-- 3 {Fwd & Pt} Fwd L, pt R fwd, - end CP COH;  
 1-- 4 {Bk & Pt} Bk R, pt L bk, - end CP COH;

**5-8 LEFT TURNING BOX ½ ; FC WALL ; STP APART w/ ARM SWEEP ; TOG BFLY TCH ;**

- 5-6 {Left Turning Box ½} Repeat Meas 1-2 Interlude end CP WALL;  
 1-- 7 {Apt w/ Arm Sweep} Repeat Meas 3 Intro;  
 1-- 8 {Tog Tch} Repeat Meas 4 of Intro;

**REPEAT PART A**

**WALTZ AWAY & TOGETHER ; ; SOLO TURN in 6 ; to BFLY ;**  
**STEP SWING to OP ; SPIN MANEUVER ; SPIN TURN ; BOX BACK to SCAR ;**

**CROSS HOVER 3X ; ; to SCP DLC ; THRU SCP CHASSE ;**  
**WING ; TURN LEFT & RT CHASSE BJO ; IMPETUS SCP ; PICKUP DLC ;**

**REPEAT PART B(1-12)**

**2 LEFT TURNS DLW ; ; WHISK ; THRU CHASSE BJO ;**  
**FWD CHECK, REC, TRN to SCAR ; SYNC FRONT TWISTY VINE ;**

**FWD CHECK, REC, TRN to BJO ; FWD, FC, CL (BFLY) ;**  
**TWIRL/VINE 3 to ½ OP ; M ROLL ACROSS ; W ROLL ACROSS ; PICKUP DLW ;**

**REPEAT PART C(1-19)**

**FWD WALTZ ; MANEUVER ; PIVOT to SCP ; THRU CHASSE BJO ;**

**FWD, FWD/LOCK, FWD ; MANEUVER ; BACK, BACK/LOCK, BACK ; IMPETUS SCP ;**

**PICKUP DLC ; TELEMARK SCP ; NAT HOVER FALLAWAY ; SLIP PIVOT BJO ;**

**SYNC FRONT TWISTY VINE ; MANEUVER ; 2 RIGHT TURNS FC WALL ; ;**

**CANTER 2X ; ; TWIRL/VINE 3 to SCP ;**

**ENDING**

**1-2 CHAIR, REC, POINT BACK ; SLOW CHAIR & EXTEND ;**

- 12- 1 {Chair Rec Pt} Lower in L knee lunge fwd R w/ fwd poise, rec L staying in SCP, pt R bk twd RLOD end SCP LOD;
- 1-- 2 {Chair & Extend} Lower in L knee slowly lunge fwd R w/ fwd poise and as the music fades continue to develop the chair line by shifting your weight fwd and rise slightly still looking LOD;