

# ROSE OF TRALEE II

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**Music:** CD "A Touch of Tranquility" Track 4 "The Rose of Tralee" Artist: Phil Coulter  
Download available from eMusic.com

**Phase Rating / Rhythm:** II+2 Waltz (Hover, Spin Turn) **Record Speed:** As recorded

**Footwork:** Opposite footwork (Woman's special directions shown in parentheses)

**Sequence:** Intro A B A(1-6) Intld 1 C B A(9-13) Intld 2 D Ending

## INTRO

**1-4** **WAIT;; SWAY LEFT; SWAY RIGHT;**  
Wait in *op fcg* no hands joined, lead feet free;; Stp sd L, incline body to L; Stp sd R, incline body to R;

**5-8** **ROLL 3; THRU SD CL (BFLY); BAL L& R;;**  
Roll LF (W RF) L, R, L; Thru R trng to *bfly*, sd L, cl R; Sd L, bhnd R, in placeL; Sd R, bhnd L, in place R;

## A

**1-4** **WALTZ AWAY & TOG;; STP SWING; SPIN MNVR;**  
Trng slightly LF (W RF) waltz fwd L, R, cl L; Trng RF (W LF) waltz tog R, L, cl R to *bfly*; Stp sd L, swing R xifL, -; (W stp sd R, swing L xifR, -;) mnvr sd & fwd R trng RF to fc RLOD, sd L, cl R; (W spot spin LF L, R, L to *cp*;) )

**5-8** **2 RF TRNS;; TWISTY VINE 3; FC SD CL;**  
Trng RF bk L, sd R, cl L; Fwd R, sd L cl R to *cpw*; Sd L, bhnd R, sd L (W sd R, frnt L, sd R); Fwd R (W bk L) trng RF to *cpw*, sd L, cl R;

**9-12** **LFT TRNG BOX (SDCR);;;**  
Fwd L trng ¼ LF, sd R, cl L; Bk R trng ¼ LF, sd L, cl R; Fwd L trng ¼ LF, sd R, cl L; Bk R trng LF to fc drw, sd L leading W to *sdc*, cl r (W fwd L trng LF, sd & fwd R to *sdc*, cl L);

**13-16** **TWNKL BJO; MNVR; 2 RF TRNS;;**  
XlifR (W xRibL), sd R trng to *bj*, cl L; Fwd R trng RF to fc RLOD, sd L, cl R; Trng RF bk L, sd R, cl L; Fwd R, sd L cl R to *cpw*;

## B

**1-8** **CANTER; DIP BK; MNVR; 1 RF TRN; FWD WALTZ; 2 LF TRNS;; SD DRAW CL; HOLD,,**  
Sd L, -, cl R; Bk L Relax knee, -, -; Rcvr R trng ¼ RF, sd L, cl R to fc RLOD; Trng RF bk L, sd R, cl L to fc LOD; Fwd R, L, cl R; Trng LF fwd L, sd R, cl L; Bk R, Sd L, cl R to *cpw*; Sd L, draw R to L, cl R; Hold approximately 2 beats of music,,

## A 1-6

**1-6** **WALTZ AWAY & TOG;; STP SWING; SPIN MNVR; 2 RF TRNS;;**  
Trng slightly LF (W RF) waltz fwd L, R, cl L; Trng RF (W LF) waltz tog R, L, cl R to *bfly*; Stp sd L, swing R xifL, -; (W stp sd R, swing L xifR, -;) mnvr sd & fwd R trng RF to fc RLOD, sd L, cl R; (W spot spin LF L, R, L to *cp*;) ) Trng RF bk L, sd R, cl L; Fwd R, sd L cl R to *cpw*;

## INTERLUDE 1

**1-5** **CANTER; SWAY LEFT; SWAY R; ROLL 3; THRU FC CL;**  
Sd L, -, cl R; Stp sd L, incline body to L; Stp sd R, incline body to R; Roll LF (W RF) L, R, L; Thru R trng RF (W LF), sd L, cl R to *cpw*;

## C

- 1-4 HOVER; MNVR; SPIN TRN; BK BOX TO SDCR;**  
Fwd L, sd & fwd R rising, rcvr sd & fwd L to *scp*; Fwd R trng RF to fc RLOD, sd L, cl R; Bk L pivot ½ RF, fwd R rising, rcvr bk &sd L; Bk R, sd L w/slight RF trn to *sdcr*, cl R;
- 5-8 3 PROG TWNKLS;;; FWD POINT;**  
XlifR (W xRibL), sd R trng to *bjø*, cl L; XRifL (W xLibR), sd L trng to *sdcr*, cl R; XlifR (W xRibL), sd R trng to *bjø*, cl L; Fwd R, point L fwd (W point R bk), -;
- 9-12 3 BK TWNKLS;;; BK TCH TO CP;**  
X LibR (W xRifL), sd R trng to *sdcr*, cl L; X RibL (W xLifR), sd L trng to *bjø*, cl R; X LibR (W xRifL), sd R trng to *sdcr*, cl L; Bk R blending to *cp*, tch L, -;
- 13-16 FWD WALTZ; MNVR; 2 RF TRNS;;**  
Fwd L, R, cl L; Fwd R trng RF to fc RLOD, sd L, cl R; Trng RF bk L, sd R, cl L; Fwd R, sd L cl R to *cpw*;

## B

- 1-8 CANTER; DIP BK; MNVR; 1 RF TRN; FWD WALTZ; 2 LF TRNS;; SD DRAW CL; HOLD,,**  
Sd L, -, cl R; Bk L Relax knee, -, -; Rcvr R trng ¼ RF, sd L, cl R to fc RLOD; Trng RF bk L, sd R, cl L to fc LOD; Fwd R, L, cl R; Trng LF fwd L, sd R, cl L; Bk R, Sd L, cl R to *cpw*; Sd L, draw R to L, cl R; Hold approximately 2 beats of music,,

## A(9-13)

- 9-13 LFT TRNG BOX (SDCR);;; TWNKL BJO;**  
Fwd L trng ¼ LF, sd R, cl L; Bk R trng ¼ LF, sd L, cl R; Fwd L trng ¼ LF, sd R, cl L; Bk R trng LF to fc drw, sd L leading W to *sdcr*, cl r (W fwd L trng LF, sd & fwd R to *sdcr*, cl L); XlifR (W xRibL), sd R trng to *bjø*, cl L;

## INTERLUDE 2

- 1-3 FC SD CL TO BFLY; BAL L & R;;**  
Fwd R trng RF to fc partner, sd L, cl R blending to *bfly*; Sd L, xRib L (W x Lib R), rcvr L; Sd R, xLib R (W xRibL), rcvr R;

## D

- 1-4 WALTZ AWAY; X ROLL TO LOP; THRU TWNKL; THRU SD CL BFLY;**  
Trng slightly LF (W RF) waltz fwd L, R, cl L; Trng RF ( W LF) roll across in front of W R, L, R to *lop* fcg LOD; Thru L, trng LF (W RF) sd R to fc partner, cl L; Thru R trng to *bfly*, sd L, cl R;
- 5-8 TWISTY VIN 3; FC SD CL; BAL L & R;;**  
Sd L, xRib L (W xLif R), sd L; Fwd R trng to fc partner, sd L, cl R; Sd L, xRib L (W x Lib R), rcvr L; Sd R, xLib R (W xRibL), rcvr R;
- 9-12 WALTZ AWAY; X ROLL TO LOP; THRU TWNKL; THRU SD CL BFLY;**  
Trng slightly LF (W RF) waltz fwd L, R, cl L; Trng RF ( W LF) roll across in front of W R, L, R to *lop* fcg RLOD; Thru L, trng LF (W RF) sd R to fc partner, cl L; Thru R trng to *bfly*, sd L, cl R;
- 13-16 TWISTY VIN 3; FC SD CL; SWAY L; SWAY R;;**  
Sd L, xRib L (W xLif R), sd L; Fwd R trng to fc partner, sd L, cl R; Stp sd L, incline body to L; Stp sd R, incline body to R;

## ENDING

- 1-4 ROLL 3; THRU FC CL; CANTER; SD LUNGE HOLD**  
Roll LF (W RF) L, R, L; Thru R trng RF (W LF) to *cpw*, sd L, cl R; Sd L, -, cl R; Sd L relax knee, hold;