

# SLEEPING SINGLE

Choreographer: Mike & Michelle Seurer 22 7th Street Fond du Lac, WI 54935 (920)907-1214

Record: MCA 60195, "Sleeping Single in a Double Bed", Barbara Mandrell

Dance: Two-Step

Time:3:15

Released: May 2006

Phase: II+2(Strolling Vine, Fishtail)

Speed: 45 rpm

Sequence: INTRO AB B ACA ENDING

## INTRODUCTION

1----4 WAIT 2 MEAS;; APT,-,PT,-; TOG,-, TCH, SCP/LOD-;  
1-2 In OP/LOD wait 2 meas;;  
3-4 Apt L,-, pt R,-; Tog R to SCP/LOD,-, tch L to R,-;

## PART A

1----4 TWO FWD TWO-STEPS;; HITCH 6;;  
1-2 Fwd L,cl R, fwd L,-; Fwd R,cl L, fwd R,-;  
3-4 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;  
5----8 ROLL 4;; SCOOT 4; WALK & PU;  
5-6 Sd & fwd L LOD trng LF(W RF),-, sd R LOD & spin LF,-; Sd L -, thru R to fc,-;  
7-8 Fwd L, cl R, fwd L, cl R,-; Fwd L,- pckup R,-(CP/LOD);  
9----12 PROG SCIS;;(BJO) FISHTAIL; WALK TWO;  
9-10 Sd L, cl R, XLif(W XRib),-; Sd R, cL L, XRif(W XLib),-;  
11-12 Beh L, sd R, fwd L, lk R; Fwd L,-, Fwd R,-;  
13----17 HITCH; HITCH/SCIS; OPEN VINE 4;; WALK TWO;  
13-14 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R (W sd L, cl R, XLif of R),-;  
15-16 Sd L, XRib of L,-; sd L, XRif of L,-; Fwd L, -, R,-;

## PART B

1----4 STROLLING VINE;;;;  
1-2 Sd L twd LOD, XRib of L(W xif),-; Sd L,cl R, sd L trng 1/2 LF to CP/COH,-;  
3-4 Sd R twd LOD, XLib of R(W xif),-,Sd R,cl L, sd R trng 1/2 RF to BFLY/WALL,-;  
5----8 SIDE TWO-STEP LEFT & RIGHT;; HITCH APT; SCIS THRU;  
5-6 Sd L, cl R, sd L, tch R to L,-; Sd R, cl L, sd R tch L to R,-;  
7-8 Bk L, cl R, fwd L,-; Sd R, cl R, XRif of L to SCP/LOD;

## PART C

5----8 LACE ACROSS;FWD TWO-STEP; LACE BACK;FWD TWO-STEP;  
5-6 Fwd L,cl R, fwd L(As W prog undr jnd ld hnds to LOP/LOD),-; Fwd R, cl L,  
fwd R,-;  
7-8 Fwd L, cl R, fwd L(As W prog undr M's R & W's L to OP/LOD),-;Fwd R, cl L,  
fwd R,-;  
9----10 HITCH 4;;(TWICE)  
9- 10 Fwd L,- cl R, bk L, cl R,-; Fwd L,- cl R, bk L, cl R,-;

## ENDING

1----3 TWO SIDE CLOSES; TWIRL VINE 2; APT PT;  
1-2 Sd L, cl R, sd L,-; Sd L, XRib(W twrls RF undr jnd ld hnds R,L),-;  
3- Apt L,-, pt R,-;