

ROUND DANCE INSTRUCTIONS
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"LISBON ANTIQUA"
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POSITION: INTRO: CP M FAC LOD; DANCE: CP M FAC LOD;
FOOTWORK: Opposite throughout
SEQUENCE: INTRO A B C A (Meas 15-29) B ENDING

MEAS.

INTRO

1-2 SIDE, DRAW, ...
1 In CP M fac LOD WEIGHT ON M'S L & W'S R on first beat of music step side twd wall on R, draw L to R DO NOT TAKE WEIGHT, ...

PART A

1-4 WALK, 2, : FWD RUN, 2, 3, : WALK, 2, : FWD RUN, 2, 3, :
1-2 In CP M fac LOD walk fwd LOD L, R, : Run fwd twd LOD L, R, L, :
2-4 In CP M fac LOD walk fwd LOD R, L, : Run fwd twd LOD R, L, R blending to BJO M fac diag WALL & LOD, :
5-8 (TWIST VINE) SIDE, BEHIND, : SIDE, FRONT, : RF PIVOT, 2, : (CP FAC WALL) FWD, SIDE, :
5-6 In BJO M fac diag WALL & LOD begin a twist vine in 4 slow steps side L twd LOD, : XRIF (W XLIF), : side L twd LOD, : XRIF (W XLIB) to end BJO M fac diag WALL & LOD, :
7 Blending to CP M fac WALL & RLOD do 1 RF cpl pivot L, R to end CP M fac wall, :
8 In CP M fac wall begin a hover figure fwd L twd wall, : side R diag twd RLOD & wall rising slightly on ball of R foot, :
9-12 REC, THRU (SCP), : (CP) SIDE, CLOSE, SIDE, TCH, : BACK, SIDE, : REC, CROSS BEHIND (BJO), :
9 In CP M fac wall rec twd LOD on L, blend to SCP step thru twd LOD R (W XIF also), :
10 Face ptr & wall in CP step side L, of R to L, side L, tch R to L, :
11-12 Begin a BACK HOVER figure in CP M fac wall step back R twd COH, : side L diag LOD & COH, : rec twd RLOD on R, : XLIB of R (W XIF) to BJO M fac diag LOD & WALL, :
13-14 (CP) SIDE, CL, SIDE, TCH, : WALK, 2 (PICKUP), :
13 Blend from BJO to CP M fac WALL step side R twd RLOD, of L to R, side R twd RLOD, tch L to R, :
14 Blend to SCP ptr fac LOD walk fwd L, R (W pickup) to CP M fac LOD, :
15-28 REPEAT ACTION MEAS 1-14 ABOVE AND THEN ADD FOLLOWING MEAS 29 WALK, 2, :
29 In CP M fac LOD walk fwd twd LOD L, R, :

PART B

1-4 APART, POINT, : MANUV, 2, 3 (W LF SPOT SPIN), : RF PIVOT, 2, : FWD TWO STEP;
1 In CP M fac LOD step apt twd RLOD (W twd LOD) L, : point R twd ptr with M's L & W's R hands joined, :
2 Using M's L hand to lead W into spin manuv fwd R turning RF to fac RLOD, side L twd wall, of R to L (W step fwd twd RLOD on L turning LF to begin SP solo spot spin with NO hands joined, cont spin R, L) to end CP M fac RLOD, :
3 In CP M fac RLOD do a 1/2 RF cpl pivot L, R to end CP M fac LOD, :
4 In CP M fac LOD do one fwd two step L, R, L, :
5-8 FWD TWO STEP, (SC) SIDE, CLOSE, CROSS (SCAR), : FWD, LOCK, FWD, : FWD, : SIDE, CLOSE (BJO), :
5 In CP M fac LOD do one fwd two step R, L, R, :
6 In CP M fac LOD step side L twd COH, of R to L, cross LIF of R (W XIB) to end, SCAR m fac diag LOD & WALL, :
7 In SCAR m fac diag LOD & WALL step twd R, tch LOD of wall, cont spin R, L, twd R, :
8 Still in SCAR step twd diag LOD & WALL L, : side R twd wall, close L to R blending to BJO M fac diag LOD & COH, :
9-12 (BJO) FWD/CHECK, (FISHTAIL) CROSS BEHIND, SIDE, : FWD, LOCK, FWD, : MANUV, : SIDE, CLOSE, (SPIN TURN) PIVOT, 2, :
9 In BJO M fac diag LOD & COH step twd R checking fwd motion, : begin fishtail figure cross L behind R (W XIF), step side R twd wall & LOD, :
10 Still in BJO step twd L, lock RIB of L (W cut LIF of R), fwd L, :
11 Still in BJO manuv fwd R turning 1/2 RF to fac RLOD, : side L twd wall, close R to L to end CP M fac RLOD, :
12 In CP M fac RLOD begin a SPIN TURN figure pivot 1/2 RF step back L twd LOD, : twd twd LOD R rising on ball of R foot, :
13-15 REC, BACK, : (REVERSE BOX) SIDE, CLOSE, BACK, : SIDE, CLOSE, FWD, :
13 In CP M fac LOD complete SPIN TURN figure rec back twd RLOD & COH L, : step back twd RLOD R, :
14-15 In CP M fac LOD do a reverse box side L twd COH, of R to L, back L twd RLOD, : step side R twd wall, close L to R, fwd R twd LOD, :

FACE WALL PART C

1-4 WALK, TURN RF, : SIDE, CROSS BEHIND (SCAR), : SIDE, CLOSE, TURN (W LF TWIRL) (YO LOP), : LUNGE/TURN IN, : REC (SCP FAC RLOD), :
1 In CP M fac LOD walk twd twd LOD L, : fwd R turning 1/2 RF to CP M fac wall, :
2 In CP M fac wall twist vine side L twd LOD, : XRIF of L (W XIF) to SCAR pos M fac diag RLOD & WALL, :
3 Blend from SCAR M fac side twd LOD L, close R to L, fwd twd LOD L turning 1/2 LF (W do one LF twirl under M's L & W's R joined hands R, L, R) to end LO PTRS fac LOD M on outside of circle, :
4 In LOP part fac LOD (cont twd LOD fwd R turning 1/2 LF (W RF) to fac ptr, : rec fwd twd RLOD on L blending to SCP ptr fac RLOD, :
5-8 FWD TWO STEP, PIVOT, 2, 3, (CP FAC WALL), : (TWISTY VINE) 2) SIDE, CROSS BEHIND, :
5 In SCP ptrs fac RLOD do one fwd two step twd RLOD R, L, R, :
6-7 Blend to CP M fac diag COH & LOD do a 1/2 RF cpl pivot L, R, L, R to end CP M fac wall, :
8 In CP M fac wall twisty vine side L twd LOD, : XRIF of L (W XLIF) to SCAR M fac diag RLOD & WALL, :
9-12 SIDE, CLOSE, TURN LF, : (TWISTY VINE) 2) SIDE, CROSS BEHIND, : SIDE, CLOSE, TURN RF, : FWD, : SIDE, CLOSE, :
9 In SCAR M fac diag RLOD & WALL do 1 LF turning two step side L twd LOD, close R to L, side L turning 1/2 to fac COH in CP, :
10 In CP M fac COH do a twisty vine side R twd LOD, XLIB of R (W XRIF) to BJO M fac diag COH & RLOD, :
11 In BJO M fac diag COH & RLOD do 1 RF turning two step side R twd LOD, close L to R, side R turning 1/2 to fac wall in CP, :
12 In CP M fac wall step fwd L, : side R twd RLOD, close L to R, :
13-14 (SCP) THRU, : (FACE) SIDE, CLOSE, (SCP) WALK, 2 (PICKUP), :
13 Blend momentarily to SCP ptrs fac LOD step thru twd LOD R (W XIF also), : face ptr & wall in CP step side L twd LOD, close R to L, :
14 Again blending to SCP ptrs fac LOD walk fwd LOD L, R (W pickup) to CP M fac LOD, :

REPEAT PART A MEAS. 15-29

REPEAT PART B - EXCEPT on Meas. 9 FREEZE in BJO/CHECK pos for 3 counts

ENDING

1-2 SIDE, CLOSE, SIDE, CLOSE, : APT, POINT, :
1-2 Let line thru PART B turn 1/2 RF to fac wall on last step of Meas. 15 then in CP M fac WALL step side L twd LOD, close R to L, side L, close R to L, step apart from ptr L releasing CP manuv ptrs M's L & W's R hands joined, point R twd ptr, :