

# On And On



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Music: STAR 206 (flip: This Can't Love) or STAR 206CD available from Palomino Slow for comfort  
Footwork: Opposite, directions for man (lady as noted) Timing: QQS except where noted  
Rhythm & Phase: Rumba IV+2 (Open Hip Twist & Sweetheart) [Note: Timing indicates weight changes only]  
Sequence: **Intro A A B A Modif-A(9-16) Tag** Released: January, 2004

## Meas

## INTRO

### 1-4 WAIT; AIDA; SWITCH RK; SPOT TRN;

- 1 Wait one meas in LOP Fcg Pos M fcg WALL wgt on M's L & W's R free ft extended sd twd RLOD lead hnd jnd trailing hnd extended sd looking LOD;
- 2 **{Aida}** Thru R raising trailing hnd up palm out, trng RF sd L lowering trailing hnd across body, cont trng RF bk R in AIDA Pos trailing hnd extended sd & bk twd LOD looking RLOD, -;
- 3 **{Switch Rk}** Swiveling LF on R to fc WALL sd L, rec R, sd L, -;
- 4 **{Spot Trn}** XRIF comm trng LF releasing jnd lead hnds, cont trng LF on R rec L to fc WALL, Sd R twd RLOD joining lead hnds, - end LOP Fcg Pos M fcg WALL;

## PART A

### 1-8 OPEN HIP TWIST to FAN;; ALEMANA LEAD; FENCE LINE; REV UNDERARM TRN; ALEMANA; OPEN BREAK W ROLL IN to SHADOW; WHEEL HALF;

- 1-2 **{Open Hip Twist to Fan}** LOP Fcg Pos M fcg WALL fwd L, rec R, cl L bracing arm to lead W swivel RF, - (W bk R, rec L, fwd R twd M & swivel RF 1/4 to fc LOD, -); Bk R leading W fwd, rec L, sd R twd RLOD, - (W fwd L twd LOD, fwd R comm trng LF 1/2, cont trng LF bk L twd LOD, -) end FAN Pos M fcg WALL (W fcg RLOD);
- 3 **{Alemana Lead}** Fwd L, rec R, sd R leading W swivel RF, - (W cl R, fwd L, fwd R swiveling RF to fc M, -) end momentary LOP Fcg Pos M fcg WALL;
- 4 **{Fence Line}** XRIF swinging trailing hnd CCW across body, rec L, sd R twd RLOD, -;
- 5 **{Rev Underarm Trn}** XLIF raising jnd lead hnds to lead W trn LF, rec R, sd L, - (W XRIF comm trng LF under jnd lead hnds, cont trng LF on R rec L to fc COH, sd R twd LOD, -) end LOP Fcg Pos M fcg WALL;
- 6 **{Alemana}** Bk R slightly across body raising jnd lead hnds to lead W trn RF, rec L, sd R, - (W swiveling RF on R fwd L twd LOD under jnd lead hnds, swiveling RF on L fwd R twd DRW, swiveling RF on R sd & fwd L to fc M, -) end LOP Fcg Pos M fcg WALL;
- 7 **{Open Break W Roll In to Shadow}** Apt L, rec R trng RF to fc RLOD releasing jnd lead hnds, sd L twd WALL assuming SHADOW Pos, - (W apt R, rec L trng LF to fc RLOD, sd R twd COH, -) end SHADOW Pos both fcg RLOD L-hnds jnd & extended sd M's R-hnd on W's R-shoulder blade W's R-hnd extended sd;
- 8 **{Wheel Half}** Fwd R comm curving RF, fwd L cont curving RF, fwd R cont curving RF to fc LOD, - (W bk L comm curving RF, bk R cont curving RF, bk L cont curving RF to fc LOD, ) end SHADOW Pos both fcg LOD;

### 9-16 BK BREAK; KIKI WALKS; LUNGE APT to BOLERO-BJO; BJO WHEEL to SHADOW M TRANS;; SHADOW FENCE LINE; BK W DEVELOPE; HOCKEY STICK ENDING M TRANS;

- 9 **{Bk Break}** SHADOW Pos both fcg LOD bk L, rec R, fwd L, -;
- 10 **{Kiki Walks}** Fwd R, fwd L, fwd R, -;
- 11 **{Lunge Apt to Bolero-Bjo}** Releasing hnds & joining trailing hnds sd L twd COH flexing knee, rec R leading W roll LF, trng RF on R to fc RLOD sd L assuming BOLERO-BJO Pos, - (W sd R twd WALL flexing knee, rec L comm LF roll one full trn raising R-hnd, sd R cont rolling LF to fc LOD raising L-hnd, -) end BOLERO-BJO Pos M fcg RLOD R-hnds around ptr's R-waist free L-hnds extended sd;

QQS SS 12-13 **{Bjo Wheel to Shadow M Trans}** Fwd R, L, R circling RF 1/2 to fc LOD, -; Fwd L cont trng (W QQS QQS) RF to fc WALL, -, sd R twd RLOD, - (W trn RF 3/4 on a spot L, R to fc WALL, sd R twd RLOD, -) end SHADOW Pos both fcg WALL; (now same footwork)

**PART A (cont'd)**

- 14 **{Shadow Fence Line}** XLIF twd DRW flexing knee, rec R, sd L twd LOD, -;  
 S -- 15 **{Bk W Develope}** Bk R, -, hold, - (W bk R, -, lift L-knee & extend toe fwd, -);  
 SS 16 **{Hockey Stick Ending M Trans}** Fwd L releasing hnds, -, fwd R joining lead hnds, - (W fwd  
 (W QQS) L, fwd R trng LF 1/2 to fc M, bk L, -) end LOP Fcg Pos M fcg WALL; (now opposite footwork)

**PART B**

- 1-13 **OPEN HIPT TWIST OVERTRN to TANDEM; CUCARACHA TWICE:: CROSS BODY;  
 NEW YORKER; ALEMANA OVERTRN to TANDEM; SWEETHEART THREE TIMES::;  
 CROSS BODY; NEW YORKER in 4; NEW YORKER; SPOT TRN;**
- 1 **{Open Hip Twist Overtrn to Tandem}** LOP Fcg Pos M fcg WALL fwd L, rec R, cl L bracing arm to lead W swivel RF & release hnd, - (W bk R, rec L, fwd R twd M & swivel RF 1/2 to fc WALL, -) end TANDEM Pos both fcg WALL;
- 2-3 **{Cucaracha Twice}** Sd R holding W's L-waist w/ L-hnd, rec L, cl R holding W's waists w/ both hnds; Sd L holding W's R-waist w/ R-hnd, rec L, cl R joining lead hnds IF of W's body, -;
- 4 **{Cross Body}** Bk R comm trng LF leading W sd, rec L cont trng LF to fc COH, sd R twd LOD, - (W sd L comm rolling LF across M, fwd R cont rolling LF to fc M, sd L twd LOD, -) end LOP Fcg Pos M fcg COH;
- 5 **{New Yorker}** Swiveling RF on R fwd L twd LOD, rec R, swiveling LF on R to fc ptr sd L, -;
- 6 **{Alemana Overtrn to Tandem}** Bk R slightly across body raising jnd lead hnds to lead W trn RF, rec L, sd R releasing lead hnds, - (W swiveling RF on R fwd L twd LOD under jnd lead hnds, swiveling RF on L fwd R twd DRW, swiveling RF on R fwd L twd M swiveling RF 1/2 to fc COH, -) end TANDEM Pos both fcg WALL M bhnd W no hnd jnd;
- 7-9 **{Sweetheart Three Times}** XLIF joining R-hnds, rec R, releasing hnds sd L, - (W XRIB, rec L, sd R, -); XRIF joining L-hnds, rec L, releasing hnds sd R, - (W XLIB, rec R, sd L, -); XLIF joining R-hnds, rec R, sd & bk L leading W swivel RF w/ jnd R-hnds, - (W XRIB, rec L, fwd R swiveling RF to fc WALL, -);
- 10 **{Cross Body}** Bk R comm trng LF leading W fwd, rec L cont trng LF to fc WALL, sd R twd RLOD joining lead hnds, - (W fwd L comm rolling LF across M, fwd R cont rolling LF to fc M, sd L twd RLOD, -) end LOP Fcg Pos M fcg WALL;
- QQQQ 11 **{New Yorker in 4}** Swiveling RF on R fwd L twd RLOD, rec R, swiveling LF on R to fc ptr sd L, rec R;
- 12 **{New Yorker}** Swiveling RF on R fwd L twd RLOD, rec R, swiveling LF on R to fc ptr sd L, -;
- 13 **{Spot Trn}** XRIF comm trng LF releasing jnd lead hnds, cont trng LF on R rec L to fc WALL, Sd R twd RLOD joining lead hnds, - end LOP Fcg Pos M fcg WALL;

**MODIFIED PART A (9-16)**

- 9-16 **OPEN HIP TWIST SWIVEL to SHADOW; KIKI WALKS; LUNGE APT to BOLERO-BJO;  
 BJO WHEEL to SHADOW M TRANS::; SHADOW FENCE LINE; BK W DEVELOPE;  
 HOCKEY STICK ENDING:**
- 9 **{Open Hip Twist Swivel to Shadow}** LOP Fcg Pos M fcg WALL fwd L, rec R, cl L & swivel LF 1/4 to fc LOD bracing arm to lead W swivel RF, - (W bk R, rec L, fwd R twd M & swivel RF 1/4 to fc LOD, -) assuming SHADOW Pos both fcg LOD;
- 10-16 Repeat Meas 10-16 of Part A;;;;;;

**TAG**

- 1-2+ **OPEN HIP TWIST SWIVEL to FC LOD; AIDA & RAISE ARM::;**
- 1 **{Open Hip Twist Swivel to Fc LOD}** LOP Fcg Pos M fcg WALL fwd L, rec R, cl L & swivel LF to fc LOD bracing arm to lead W swivel RF, - (W bk R, rec L, fwd R twd M & swivel RF 1/4 to fc LOD, -) end Modf OP Pos both fcg LOD lead hnd jnd across body;
- 2+ **{Aida & Raise Arm}** Fwd R, swiveling RF on R sd L twd LOD, swiveling RF on L sd & bk R, comm swinging free hnds sd & bk; Cont swinging free hnds up slowly as music fade out,,